



Below is a list of recommended readings, films/ documentaries, podcasts, and online quizzes by Active Solutions conference speakers Angela Miller McGraw, MAR (angela.millermcgraw@gmail.com) and Darryl L. Jones II, PhD (Darryl.Jones@bison.howard.edu) from the Strategies To Enact Change in the Workplace Allies session.

<p>Recommended Readings</p>	<ul style="list-style-type: none"> ● The New Jim Crow by Michelle Alexander ● Slavery by Another Name by Douglas Blackmon ● Parting the Waters: America in the King Years 1954-1963 by Taylor Branch ● Between the World and Me by Ta-Nehisi Coates ● White Fragility by Robin DiAngelo ● At the Hands of Persons Unknown by Philip Dray ● Bad Feminist by Roxane Gay ● Life of a Slave Girl by Harriet A. Jacobs ● How to be an Antiracist by Ibram X. Kendi ● Stamped From the Beginning by Ibram X. Kendi ● The Huey P. Newton Reader by Huey P. Newton ● Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Conversations on Race by Derald Wing Sue ● Why Are All the Black Kids Sitting Together in the Cafeteria? by Beverly Daniel Tatum ● The Color of Compromise: The Truth about the American Church’s Complicity in Racism by Jemar Tisby ● The Warmth of Other Suns by Isabel Wilkerson ● White Like Me: Reflections on Race from a Privileged Son by Tim Wise ● The Mis-Education of the Negro by Carter G. Woodson
<p>Films / Documentaries</p>	<p>12 Years a Slave - Steve McQueen's <i>12 Years a Slave</i> is a horrific and haunting historical epic about the experience of slavery. The film portrays cruelty, suffering, and ultimately, bittersweet resilience.</p> <p>13th - Directed by Ava DuVernay, the documentary <i>13th</i> analyzes the criminalization of African Americans and the prison boom in the United</p>



States. The title is derived from the 13th Amendment, which abolished slavery and involuntary servitude except as punishment for crime.

Dear White People - *Dear White People* is a great movie to show to someone who might be under the impression that racism in the United States is over. The film exposes the many subtleties of racism and how youth experience race, specifically on a college campus.

Freedom Riders - *Freedom Riders* is a documentary that tells the story of over 400 Black and White Americans who risked their lives to challenge the segregated interstate travel system. They spent six months deliberately violating Jim Crow laws (enduring beatings and imprisonment) by traveling together on buses and trains through the Deep South.

Fruitvale Station - Ryan Coogler made his film debut with *Fruitvale Station*, a touching portrait of the last day of Oscar Grant's life. Grant, a young black man living in Oakland, was shot and killed by a BART police officer on New Year's Day in 2009.

I Am Not Your Negro - *I Am Not Your Negro* puts together personal letters and an unfinished manuscript from James Baldwin, the author of *Another Country* and *If Beale Street Could Talk*. The movie uses his unpublished works on race to explore Baldwin's life, legacy and activism.

Loving - *Loving* recounts the true story of Richard and Mildred Loving, who changed America when they got married. An interracial couple, they took their union all the way to the Supreme Court, leading to the repeal of anti-miscegenation laws in all 50 states.

Selma - A chronicle of Dr. Martin Luther King, Jr.'s campaign to secure equal voting rights via an epic march from Selma to Montgomery, Alabama, in 1965.

When They See Us - A limited four-episode series by Ava DuVernay, *When They See Us* chronicles the story of The Exonerated Five, also known as The Central Park Five. It's based on a 1989 case where five



	<p>seventh- and eighth-grade students of color from Harlem were falsely accused of a brutal attack of a white woman in Central Park.</p>
<p>Podcasts</p>	<ul style="list-style-type: none"> ● “The Kinswomen” conversations on race, racism, and allyship between women, hosted by Hannah Pechter and Yseult Polfliet ● “Code Switch” an NPR podcast tackling race from all angles ● “Jemele Hill is Unbothered” a podcast with award-winning journalist Jemele Hill ● “Hear To Slay, “the black feminist podcast of your dreams,” with Roxane Gay and Tressie McMillan Cottom ● “Still Processing” hosted by Jenna Wortham and Wesley Morris of the New York Times. “Still Processing” discusses current events and pop-culture moments. ● “#TellBlackStories” is the 2020 Webby Award-winning podcast from Color of Change. It is centered around ensuring accurate, diverse, empathetic, and human portrayals of Black people in film and television. ● “White Lies” an NPR podcast about the 1965 murder and subsequent coverup of White Civil Rights activist Rev. James Reeb in Selma, Alabama
<p>Online Quizzes</p>	<p>Ally Type Self-Assessment:</p> <p>https://thedialoguecompany.a2hosted.com/allytypesquiz/</p> <p>Implicit Bias Testing (Harvard University)</p> <p>https://implicit.harvard.edu/implicit/takeatest.html</p>